

Exam 2 – Interprofessional collaboration – March 2021

Name Student:

University or organisation:

Case:

Peter is a 28-year-old teacher who suffered a spinal cord injury in the height of D 7 after a fall from his horse. His condition stabilized after back surgery and ends in a rehabilitation hospital.

During the team meeting, Peter is introduced to all team members. He is married to Petra. Together they have two children, a four-year-old son Thijs and a daughter who turns two. They live in a single-family house where the bedrooms and bathroom are located on the first floor. These are accessible via a horizontal staircase with wide steps. The garden has not yet been laid out, it consists mainly of lawn. The garage with carport is located at the back of the garden. To enter the house, 1 threshold must be bridged.

The parents of Peter and Petra are retired and they can rely on them to take care of the children as well as to perform household tasks and chores. Two houses away live their neighbors who are actually their best friends. They also have a large circle of friends.

In his spare time Peter practiced horse riding. He often played tennis and rode long distances with the racing bicycle. Swimming was also one of his favorite sports. During the holidays, the couple traveled with the children by caravan to the Ardennes, where they enjoyed long nature walks. Peter drove the car, his wife has no driver's license.

After Peter was informed of the diagnosis, this otherwise optimistic young man went through a lesser period. He refuses to accept the consequences of his injury and reacts very angrily to anyone who brings it up.

In the general hospital they had already started with: muscle training with the physiotherapist, progressive verticalization in bed and comfort chair and mobilization in bed. They had also started practicing the transfers (bed-wheelchair, bed-toilet).

Which disciplines will and can help Peter?

Try to give an answer on the followed questions

Question 1: Use the ICF Assessment Sheet to give an overview

Question 2: How can we prepare us for the interdisciplinary meeting?

Question 3: Make a multidisciplinary intervention table. What's the role of each healthcare professional in this case?

Question 4: What's the role of the occupational therapist?